

Ten **awesome** things to do with your students in St Ives

(in no particular order)



Hi.....

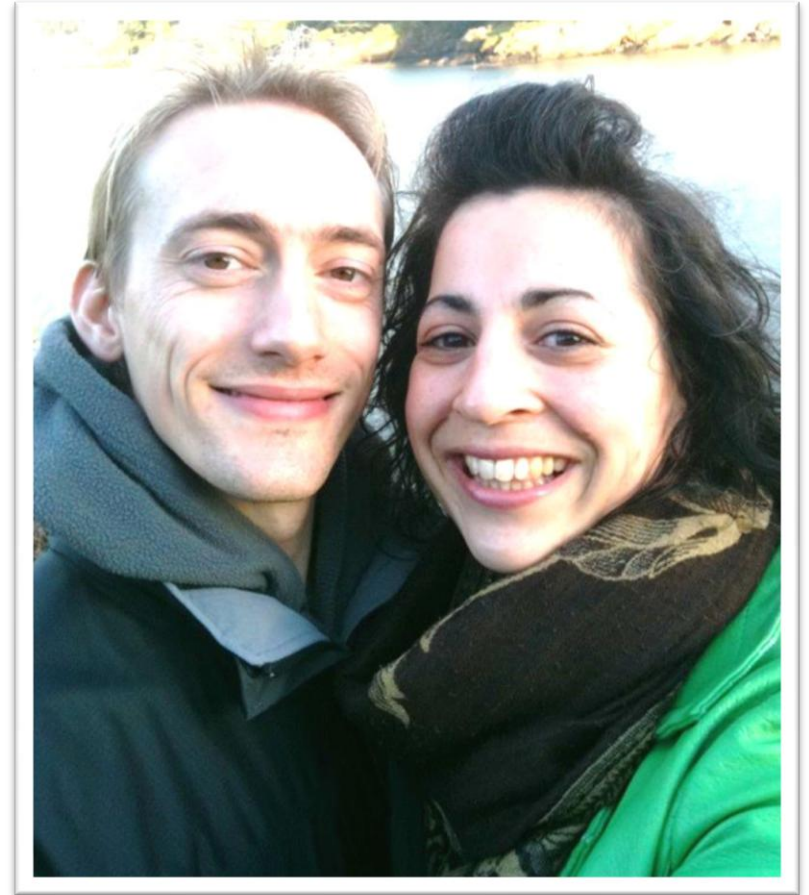
... we're Lee & Danny, owners of Cohort Hostel and St Ives enthusiasts.

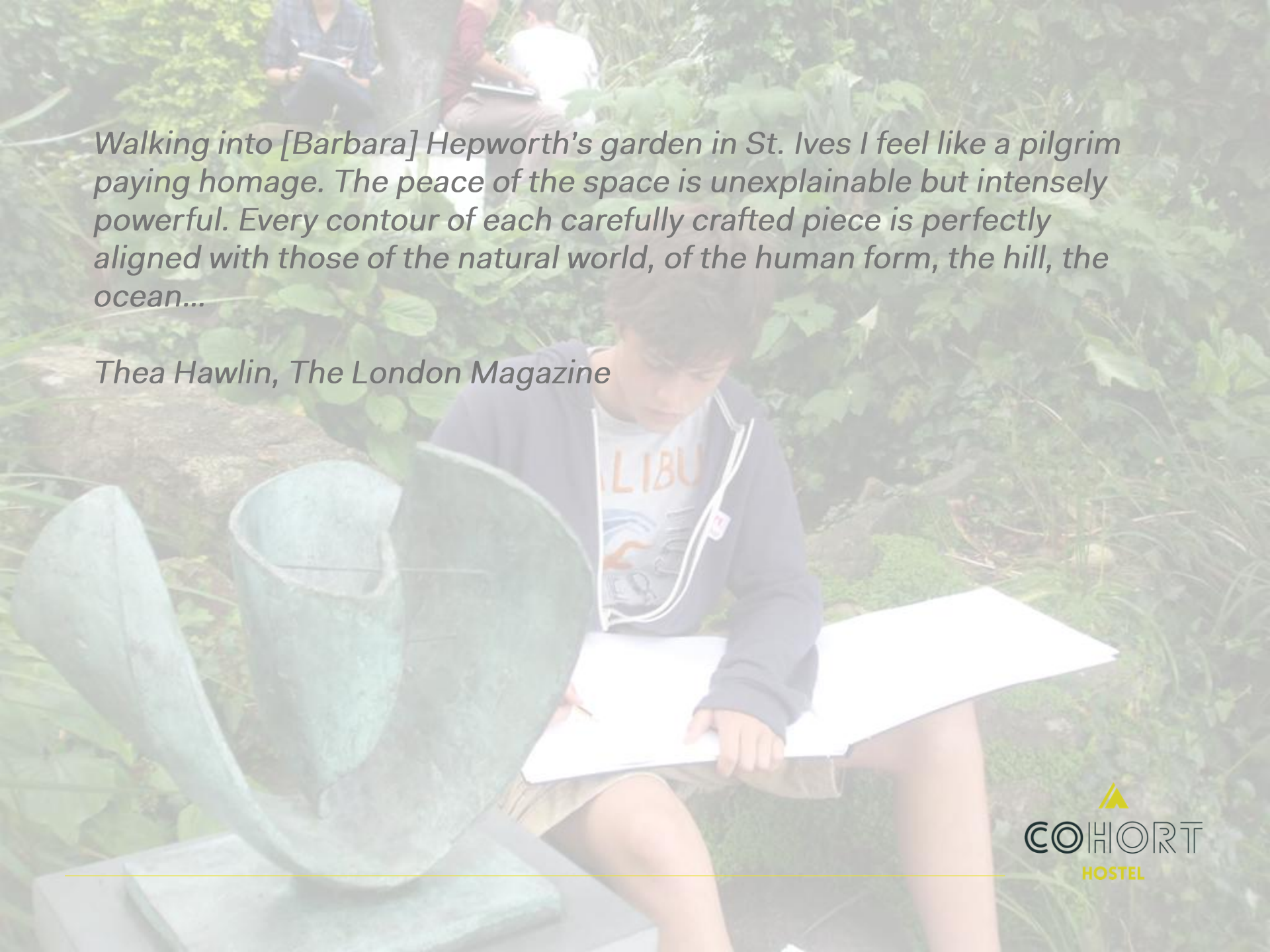
Since opening the hostel in April 2015 we have delighted in sharing our experiences with schools and colleges looking for inspirational trips : Whether it's for Activities Week or part of your curriculum St Ives really does have it all.

From world famous art galleries to archaeological remains to great surf, it's all on our doorstep.

Here's our top 10... we hope it inspires you to visit this breathtaking part of the world.

All the best, Lee & Danny



A young boy with dark hair, wearing a grey hoodie over a t-shirt with 'LIBU' visible, is sitting on the grass and writing in a large white notebook. In the foreground, there is a large, abstract sculpture made of a dark, textured material, possibly bronze or stone, with a curved, bowl-like shape. The background is filled with lush green foliage. In the top left corner, there is a quote in a serif font. In the bottom right corner, there is a logo for 'COHORT HOSTEL' with a yellow triangle above the word 'COHORT'.

Walking into [Barbara] Hepworth's garden in St. Ives I feel like a pilgrim paying homage. The peace of the space is unexplainable but intensely powerful. Every contour of each carefully crafted piece is perfectly aligned with those of the natural world, of the human form, the hill, the ocean...

Thea Hawlin, The London Magazine

1 Barbara Hepworth Museum & the Tate

Visit these two iconic institutions.

Both galleries do tours, seminars and workshops for schools.

Learn how St Ives went from fishing village to the world centre of International Modern Art in the 50s & 60s.

Take a Ben Nicholson walking tour around the town.

Visit private galleries to ascertain how St Ives has inspired artists of all genres and generations.

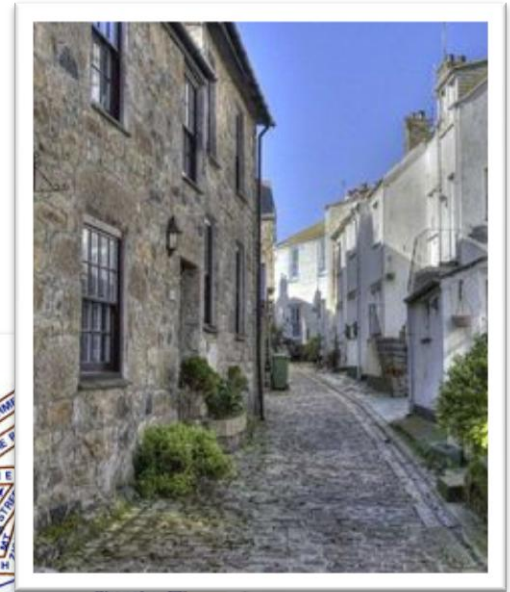


2 Walking tour of St Ives

Wander through the network of streets to discover the history, geography and ethnography of St Ives.

Walk with Tony, an ex-English teacher, archaeologist and maritime expert or Dawn, a historian, artist and photographer.

Both guides are engaging and informative and will happily stop at particular points for sketching, photography, discussion or a cream tea.





People are drawn to the cobbled streets that weave through St. Ives and the traditional fishermen lodges that line them. They are drawn by the unique quality of light that has lured artists for decades. They are drawn by the perfect, white beaches framing the unruly Atlantic ocean. They are drawn by the waves.

Ben Warner, St Ives Surf School

3 Surf lessons

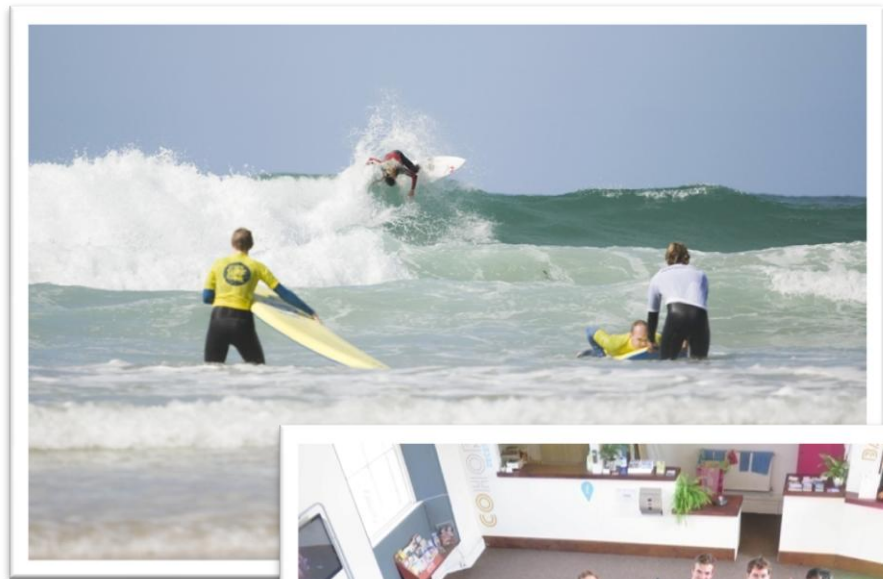
St Ives Surf School was voted the UK's best surf school in 2014 and St Ives is home to a growing number of surf champions.

Experienced instructors will take your students (and you) for an exhilarating surf lesson lasting around 2 hours.

All equipment is included, you don't have to worry about anything.

Lessons are timed to work with the tides but are usually morning or early afternoon.

Students can expect to pay just £20/person.



4 Customised workshop with local artist

Greg Humphries is an artist educator working regularly with the education department at the Tate and St Ives School of Painting.

He can tailor sessions or theme lessons around the St Ives Modernists for GCSE or A level.

Greg does Beach Workshops and Sketchbook Tours of St Ives interspersing practical work with seminars.

Each session is 2 hours and costs in the region of £75.



The north coast is a wild and windswept affair, with sections still so isolated that it is possible to travel for hours without seeing more than a handful of people. Ancient field systems and Neolithic monuments litter this demanding leg of the trail, which passes over sheer 400 foot high cliffs and plunges down to countless remote rocky coves, where if you are lucky you will see colonies of grey seals nursing their pups.

Cornwall Guide

5 Hiking along the SW Coast Path

Walking (or hiking) the SW coast path is **free**, good exercise, beautiful, inspiring and justifies any number of Cornish pasties, fish & chips and scones.

There are great walks you can do from St Ives, namely:

- (1) Head West to Zennor, a challenging 6.5 mile hike which takes in some of the most beautiful scenery in the UK
- (2) Head East to Lelant Saltings, a gentle but superbly pretty 3.5 mile walk. Get the coastal train back to St Ives for just £3/person.



6 Tour & seminar with local archaeologist

Tony is a St.Ives man whose family has been involved in fishing, seafaring and mining for generations .

He has degrees in English and in Archaeology and for nearly 20 years was Head of English at St.Ives School. He has also worked as a Nautical Archaeologist at the National Maritime Museum in Greenwich.

West Penwith is an area rich in archaeological remains and Tony will customise a tour and seminar to match the interests and age of your group.



7 Big Beach Day

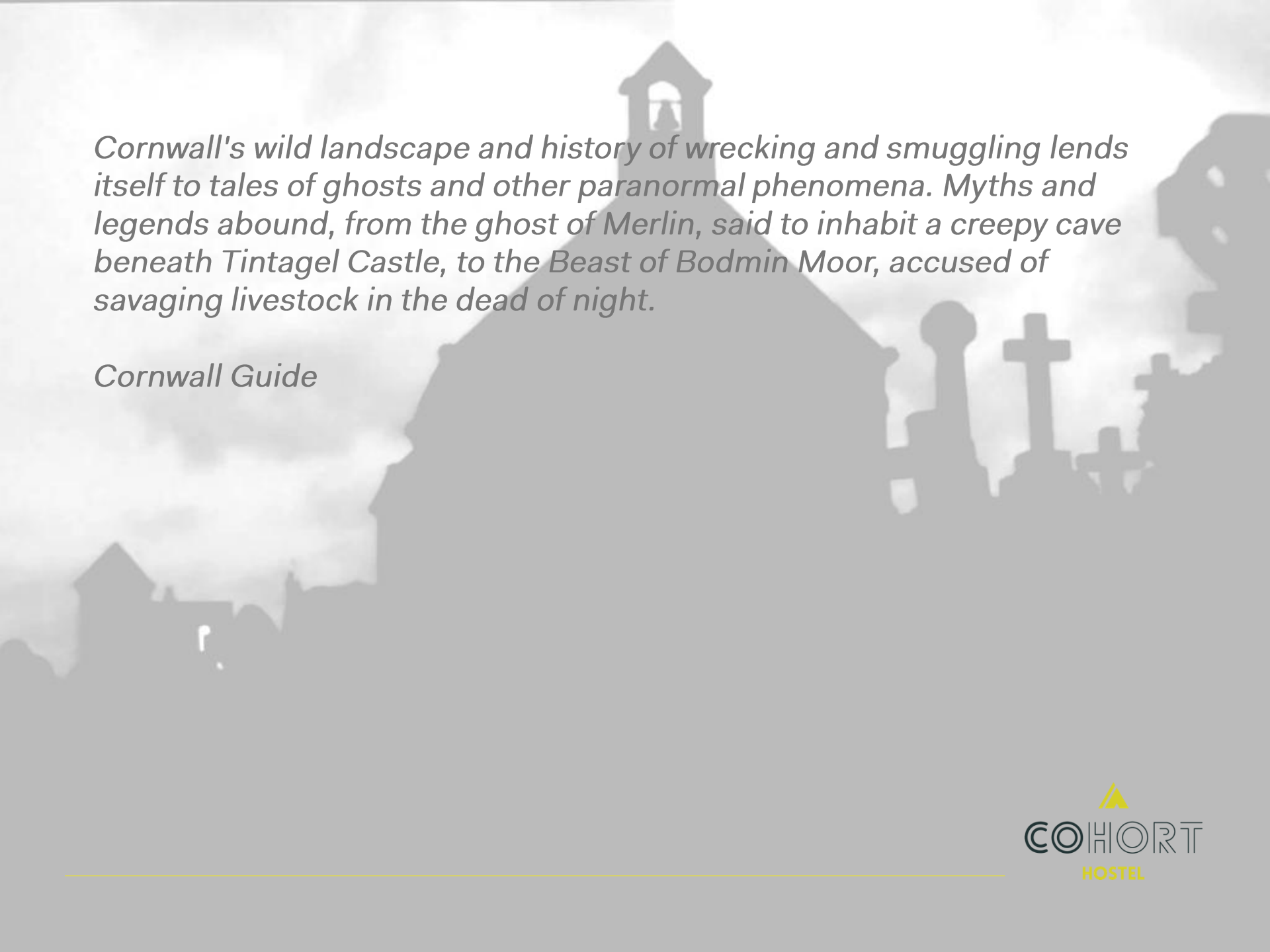
St Ives Surf School run Big Beach Days which last from around 9.30am – 4pm. They consist of:

- An RNLI talk
- A surf lesson (or other water sport)
- Beach volleyball
- Beach rounders
- A talk/tour of the local sea life

It's a great way for a class (and teacher) to get to know each other PLUS it's a whole day with your students sorted.

Students can expect to pay in the region of £40/person.



A grayscale silhouette of a church with a bell tower and a graveyard with several crosses, set against a cloudy sky. The church is the central focus, with its roofline and bell tower clearly defined. To the right, several tombstones of varying shapes and sizes are visible. The overall mood is somber and mysterious.

Cornwall's wild landscape and history of wrecking and smuggling lends itself to tales of ghosts and other paranormal phenomena. Myths and legends abound, from the ghost of Merlin, said to inhabit a creepy cave beneath Tintagel Castle, to the Beast of Bodmin Moor, accused of savaging livestock in the dead of night.

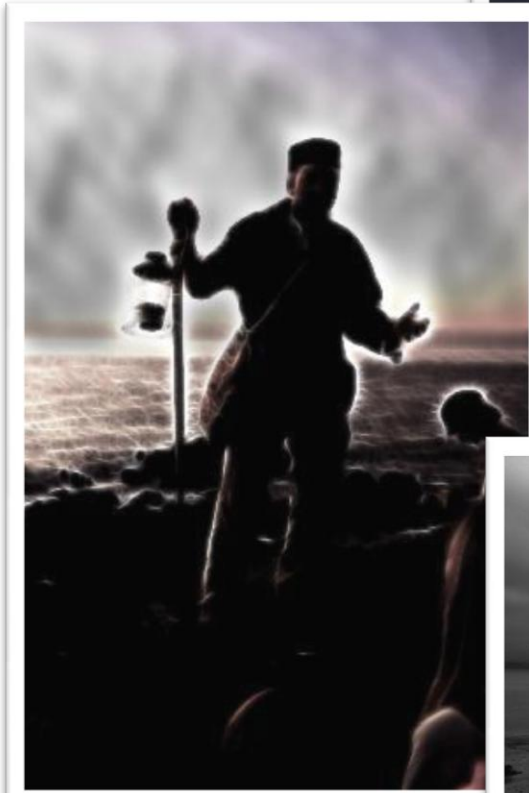
Cornwall Guide

8 Lantern Ghost Story Walk

As an eerie darkness falls over the town, come with the acclaimed storyteller Shanty Baba as he lights his hurricane lantern, to show you "the darker side of St Ives".

Students and teachers alike will love this walk which is around 2 hours and starts at dusk.

Shanty Baba is an acclaimed storyteller living in St Ives and although kids will claim that they can't be scared we challenge them not to get a few shivers.



9 Bernard Leach Studio & Workshops

As well as being a museum of Bernard Leach's work and studio, Leach Pottery runs fantastic workshops for schools across all key stages.

Pupils can explore the old pottery with its original kilns and equipment as well as the new museum and exhibition area.

Visits incorporate elements of heritage, geography, science, literacy, maths, local history, myths and legends and art and design.

A full education workshop would last 2 hours and cost £150 for up to 36 students.



10 Sketch, photograph & paint St Ives

It's an acknowledged phenomenon that you only have to look up from wherever you are in St Ives to see a view worth capturing; it's the reason there's usually an artist on every corner and it's **free**.

There are wonderful vantage points dotted around St Ives where students can sketch in safety and at their leisure.

Photography at sunset (or dawn) is also a fantastic experience for students; head to Porthmeor Beach for the best views.



Cohort hostel: You're in good hands



GOLD



Tourism
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2018 - 2019
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We would love to work with you to organise an inspirational trip so do get in touch if you have any questions or think we can help.

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