

**Voted the UKs Best Primary School First Aid Training Provider**

Flat Stan First Aid workshops, have been **Voted the UKs Best Primary School First Aid Training Provider for over 5 years, and** have proudly taught over **140,000 students.**

**Inclusive First Aid Workshops**Our workshops are designed for children **aged 4 and 11** providing them with the skills and knowledge to handle a variety of first aid situations.

       -      An introduction to first aid
       -      When and how to seek help in a first aid situation
       -      How to check if someone is responsive and breathing
       -      How to perform chest compressions (CPR)
       -      How to help someone who is choking
       -      How to assist someone who is bleeding or has burnt themselves

We can conduct **up to four workshops in a day**, accommodating approximately 30 children in each session. The duration of each workshop typically ranges from 60 to 75 minutes (although we recommend just a 30-minute workshop for Reception classes to better suit their attention span).

Our workshops satisfy all PSHE requirements and can be tailored to suit your specific needs. We take pride in our inclusive approach, ensuring our programme is suitable for children of all abilities and backgrounds. Simply **contact us** to find out more.



**Why choose our Workshops?**We know children are capable of helping someone in an emergency if they have the right skills. In 2020, a 10-year-old boy saved his 6-year-old sister’s life by applying what he learned in a Flat Stan First Aid workshop. You can read more about this inspiring story [here](https://www.theboltonnews.co.uk/news/18738698.blackburn-10-year-old-saved-sister-choking-lego-brick/).

**Every child** who takes part in our workshops will receive our **Flat Stan First Aid guide** and certificate. The new edition of our guide takes children on a first aid journey and gives them free access to the Flat Stan App with further activities and videos, and any child involved with scouting or guides can see the criteria for their First Aider badge on the app too.



**Continued community learning with the Flat Stan App**
To facilitate continued learning, we have developed the Flat Stan First Aid app. This app allows children to recap on their learning and watch instructional videos at home with their parents and carers too.

**Our online programme**In addition to our face-to-face workshops, we also offer an online programme that includes a series of videos mirroring the content covered in our workshops. These resources are accessed via secure login and satisfy PHSE requirements for both KS1 and KS2.
**Get in Touch**

If you are interested in a Flat Stan Workshop at your school, or our online programme and would like information on costs, options and available dates sent to you, please **email us here** or call us on **01422 292115** and we will be delighted to help you, with absolutely no obligation.



We look forward to hearing from you soon.

Many thanks,

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| Simon ‑ Flat Stan First Aid​ |

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| [www.flatstan-firstaid.co.uk](https://www.flatstan-firstaid.co.uk/) |

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